



For week commencing Monday 13 March 2023

BEFORE SCHOOL CARE

TERM 1, WEEK 8

| MORNING SESSION 6:30am-8:30am | Monday 13/323 | Tuesday 14/3/23 | Wednesday 15/3/23 | Thursday 16/3/23 | Friday 17/3/23 | | |
|--------------------------------------|--|---------------------------------|---------------------------------|---------------------------------|---------------------------------|--|--|
| Breakfast 6:30am – 8:00am | BYO (we supply the milk!) | BYO (we supply the milk!) | BYO (we supply the milk!) | BYO (we supply the milk!) | BYO (we supply the milk!) | | |
| Activities 7:00am – 8:15am | Students can choose from three different activities each morning and can more freely between the activities. | | | | | | |
| Creative Activities | Cone painting | Straw blowing | Window wiping | Ring mobiles | Play dough making | | |
| Construction and Games | Lego | Coffee Cafe | Home corner | Tumbling chimps | Pick up sticks | | |
| Quiet Activities | Unusual painting techniques | Puzzles | Cars | Ring cellophane catchers | Seed name holder | | |

AFTER SCHOOL CARE

| AFTERNOON SESSION 3:05pm – 6:00pm | Monday 13/3/23 | Tuesday 14/3/23 | Wednesday 15/3/23 | Thursday 16/3/23 | Friday 17/3/23 | | |
|--|--|--------------------------|----------------------|---------------------|---------------------------|--|--|
| Afternoon Tea 3:10pm-3:30pm | Crackers | Popcorn | Muffins | Fruit toast | Shapes | | |
| Activities 3:30pm onwards | Students can choose from three different activities each morning and can more freely between the activities. | | | | | | |
| Craft Activities 3:30pm-4:30pm | Miss Juju Craft | Miss Juju Craft | Colourful flowers | Butterfly painting | Face planters | | |
| Outdoor Activities 3:30pm-4:30pm | Balloon movements | Chalk drawings and games | Stick ladder | Dancing | Parachute | | |
| Indoor/ Outdoor Activi- ties3:30pm-6:00pm | Chia seed dinosaurs | Slime play | Dinosaur land | Slimy dinosaurs | Dig in sand for dinosaurs | | |
| Late Snack 5:00pm-5:30pm | All students are offered fruit. | | | | | | |
| Square Eyes 5:30pm-6:00pm | Spot it | Movie/ homework | IPad | Movie | IPad | | |
| Additional Activities | Uno | Charades | Pick up sticks | Football cards | Hand ball | | |

Everything we do is Deliberate. Purposeful. Student Centred.

From the very first interaction, activity, or conversation for the day, through to their final game, we strive to engage and inspire your child to do and be their best; to demonstrate strong values; to encourage and foster a growth mindset; and create an environment where they feel safe, supported and welcomed to practice their social and emotional skills, explore their physical capabilities and engage in the world around them.

Understanding why do we do what we do

PoP OSHC follows the *My Time Our Place Framework (MTOP)* developed by the Council of Australian Governments as part of the National Quality Standard (NQS). MTOP provides guidelines to assist us in creating an environment where we can extend and enrich your child's development at Before School, After School and Vacation Care.

What is My Time, Our Place (MTOP)?

MTOP focuses on school age children, aged 6 to 12 years, and is designed to ensure primary school educators continue to develop and nurture the foundational skills experienced and practised in both their school environment and their family life. Essentially, MTOP puts children's wellbeing and learning at the core of everything we do. It is comprised of three inter-related elements:

Principles, Practices, Outcomes.

All elements are fundamental to program design and implementation in school age care.

How does it work?

Using the MTOP Framework, we create programs, activities and play opportunities that meet MTOP's desired outcomes. Sometimes this means we will observe your child at play, other times we introduce specific activities to address a need or interest, or deliberately create a free play session to build creativity and nurture relationships. It is our responsibility as educators to plan a program that enables us to measurable your child's progress against each MTOP outcome.

- PROGRAM PRINCIPLES -

The Principles of our OSHC Program are:

- Secure, respectful and reciprocal relationships
- Partnerships
- Respect for diversity
- Aboriginal and Torres Strait Islander perspectives
- Equity, inclusion and high expectations
- Sustainability
- Critical reflection and ongoing

- PROGRAM PRACTICES -

The following practices are implemented to ensure we successfully deliver on the MTOP outcomes:

- Holistic, integrated and interconnected approaches
- 2. Responsiveness to children
- 3. Play-based learning and intentionality
- 4. Learning environments
- 5. Cultural responsiveness
- 6. Continuity and transitions

- PROGRAM OUTCOMES -

Our goal is to assist children and young people to:

- 1. Develop a strong sense of identity
- 2. Connect and contribute to their world
- 3. Build a strong sense of wellbeing
- 4. Create confident and involved learners
- 5. Become effective communicators