

Games – Big and Small

Year 3 Health and Physical Education Term 1, 2020

During this term, the students will be developing and practicing movement, fine and gross motor skills through various activities and challenges. We will be learning and discussing the rules and the safety behind various games and sports. Students will help design a game where the aim will be to score points as a group/team, whilst refereed/umpired by their peers. We will also be building up running/walking endurance in preparation for the school cross country at the end of Term 1.

Throughout our lessons we will explore the impact of positive social interaction on self-identity. Students will investigate different types of friendships; examine the qualities we look for in a friend as well as our individual roles and responsibilities.

Skills

- Examine safety, equipment and routines when playing games in different environments
- Develop and practise the skills of a variety of games/sports
- Examine movement concepts and apply the elements of effort, time, space and relationships to objects to various games/sports
- Investigate and plan a new game through trial and evaluation
- Examine the benefits of positive social interaction
- Describe changes that occur as individuals grow older
- Examine how to communicate effectively with friends
- Investigate strategies for managing changes in friendships

Assessment

Physical performances are based on the ongoing application of skills and conceptual understandings of the sports/ skills focussed on during the term. Assessment and performances are observed on a number of occasions throughout the term and judgements relating to the quality of performances are made using evidence gathered and recorded.

Students will be assessed on their ability to refine fundamental movement skills and movement concepts and strategies in different physical activities, solve movement challenges and create and perform movement sequences using fundamental movement skills and the elements of movement. Students will examine messages related to health decisions and describe actions that help keep themselves and others healthy.

Students will use and understand vocabulary such as:

Catching
Trap
Rules

Throwing
Friendships
Active

Social Interaction
Emotions
Contact

Movement
Teamwork
Control

Kindness
Identities
Score

Contact

If you have any questions regarding Health and Physical Education and/or the progress of your child, please contact Tuesday to Friday:

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